Dear Parents and Students,

This term, we will be creating a healthy food picture for a fictional Instagram post as a science project. You will find the details below:

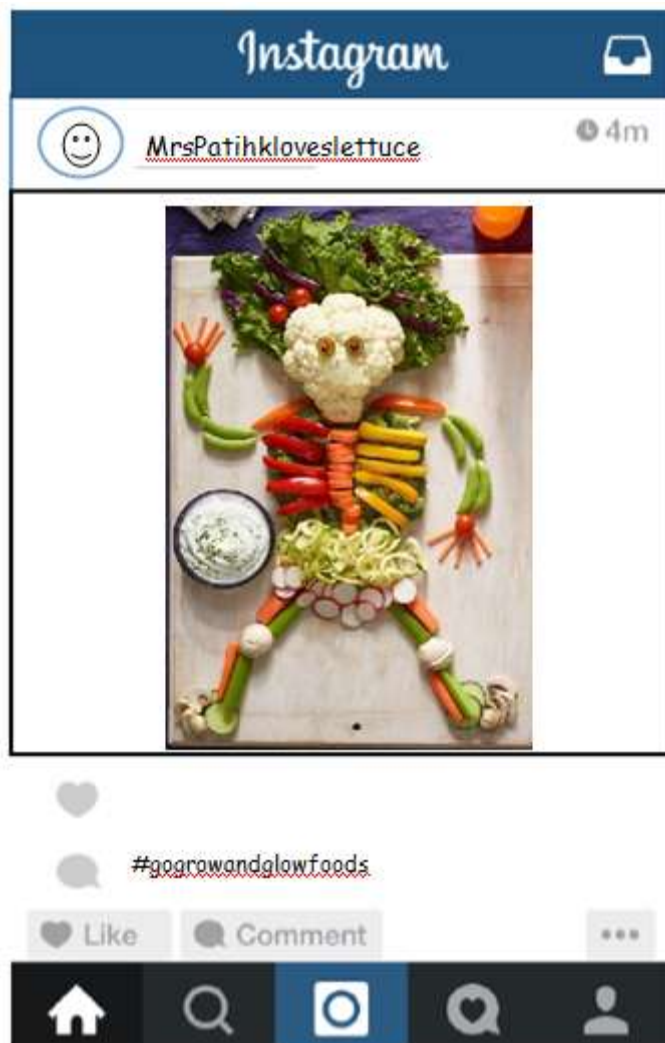## Healthy Food Instagram Project

For this project, you will need:

- A variety of at least 4 fruits and vegetables (this can be all fruits, all vegetables or a mixture of both fruits and veges)
- A camera
- A printer and paper (photo quality or copy paper)
- Colours and decorations

1. Firstly, cut your fruits and vegetables into interesting shapes. (Please ensure that you get the assistance and permission of your parents/ guardians)
2. Next, make a collage or picture using those shapes.
3. Then, take a picture of your food collage.
4. At this point, you can either (a.) use the Instagram template provided or (b.) create your own Instagram template.
   a. If you use the Instagram template provided, print a picture of your project that fits within the template and stick it in.
      OR
   b. Create your own Instagram template and stick in your picture.
5. Draw in a mini-profile picture and write your Insta-name at the top of the profile.
6. Write in your own food- related hashtag and comment at the bottom of the template in the correct place. E.g. #goglowandgrowfoods
7. Lastly, decorate your project.
8. Remember to write your name and class on the BACK of the project.
9. In class your project will be displayed for the class to see. Please prepare to tell the class what fruits and/or vegetables you used, what inspired your creation and what was your favorite part of making the project.

You will find a sample of the project on the next page.

This project is due on TUESDAY 29th OCTOBER for all Grade 4 classes. Marks will be deducted for each late day of submission.

Please cut out the following rubric and stick it to the back of your project.

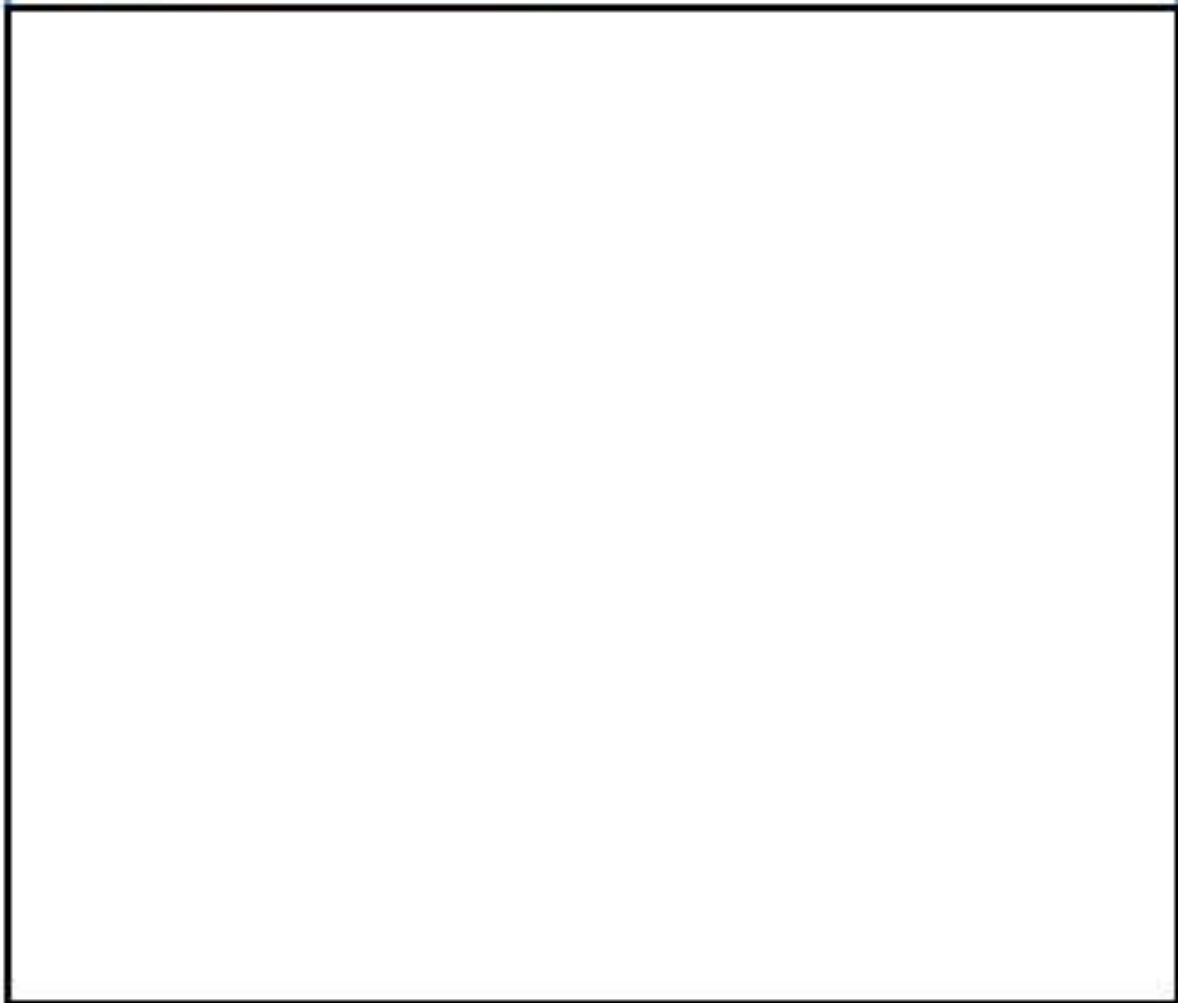|	
Use of healthy foods (8 mks)	
Creativity (4mks)	
Decorations (2 mks)	
Following instructions (4mks)	
Relevant hashtag (2mks)	
Oral presentation (5 mks)	
Total (25 mks)	

Kind regards,

Grade 4 Science Teachers

Instagram

4m

Like Comment